



Somerville Public Schools

INTERSCHOLASTIC SPORTS INFORMATION

High School and Club Sports:

Instagram: @SHSHighlanders

Twitter: @SHSHighlanders1

ArbiterLive: arbiterlive.com - Somerville High School



ATHLETICS TAKEAWAYS

- The Growth and Success of the SHS Athletic Teams
- Increasing Costs
- Commitment to Equity and Access
- Commitment to Culture Building and Leadership Development for Staff, Coaches and Student-Athletes



OUR VISION STATEMENT

The athletic program intends to provide an opportunity for student athletes to develop and display their talents through competition. All student athletes place the highest priority on the quality of education and the successful completion of academic programs. Athletics are conducted as an integral component of the overall educational experience; with the goal of having student athletes strive to reach their potential and give their best on and off the playing arenas.



MEMBERS OF THE GREATER BOSTON LEAGUE

- Somerville High School
- Chelsea High School
- Everett High School
- Malden High School
- Medford High School
- Revere High School
- Lynn Classical High School
- Lynn English High School



MIAA SPORTS OFFERINGS

Somerville High School is a member of the Massachusetts Interscholastic Athletic Association and competes in the Greater Boston League.

SOMERVILLE SPONSORS SPORTS IN:

Fall Season:

- Golf (Coed)
- Football
- Soccer (B & G)
- Cross Country (B & G)
- Volleyball (G)
- Unified Basketball (Coed)
- **Middle Grades:**
 - Baseball
 - Softball
 - Cross Country (B &G)

Winter Season:

- Basketball (B & G)
- Indoor Track and Field (B & G)
- Ice Hockey (B & G*)
- Swimming (Coed)
- **Middle Grades:**
 - Basketball (B & G)

Spring Season:

- Softball
- Baseball
- Lacrosse (B & G)
- Tennis (B & G)
- Volleyball (B)
- Outdoor Track and Field (B & G)
- Unified Track & Field (Coed)
- **Middle Grades:**
 - Outdoor Track and Field (B & G)
 - Flag Football (Coed)

HIGHLANDER ACHIEVEMENTS

- Ranked #6 in the State of Massachusetts by the Boston Globe for overall winning percentage for 2024-2025
- Expanded the partnership with Tufts University to include a Tufts Classic game each season with boys and girls sports
- **2024 Fall:** 20 Student-Athletes named Greater Boston League All-Stars
- **2024-2025 Winter:** 32 Student-Athletes named Greater Boston League All-Stars, 2 GBL MVP's and 2 GBL Coaches of the Year
- **2025 Spring:** 30 Student-Athletes named Greater Boston League All-Stars, 2 GBL MVP's
- 2 SHS Student Athletes awarded GBL Scholar Athlete Award

CLUB SPORTS OFFERINGS...

Fall Season:

- Cheerleading (Coed)

Winter Season:

- Cheerleading (Coed)

Spring Season:

- Ultimate Frisbee (B & G)
- Crew (B & G)

**We also offer activities before/after school activities such as -
Fitness Club, Weight Lifting, and Dance**



LEAGUE CHAMPIONS

NEC 2017-2019 / GBL FALL 2019-PRESENT

Football - 2017

Coed Golf - 2014, 2015, 2019, 2020, 2021

Boys Soccer - 2013, 2015, 2017, 2019, 2020, 2023

Girls Soccer - 2019, 2020, 2023, 2024

Girls and Boys Cross Country - 2021, 2022, 2023, 2024, 2025

Boys Basketball - 2015, 2018

Girls Basketball - 2013, 2014, 2025

Boys Ice Hockey - 2013, 2020, 2021, 2022

Boys Indoor Track and Field - 2016, 2017

Boys Outdoor Track and Field - 2014, 2015, 2016, 2017, 2018, 2025

Girls Outdoor Track and Field - 2018

Boys Tennis - 2016, 2022, 2025

Girls Lacrosse - 2023, 2024

Baseball - 2024



FALL SPORTS - GRID

OFFERINGS AND LEVELS

Sport:	Boys Cross Country	Girls Cross Country	Football	Girls Volleyball	Coed Golf	Girls Soccer	Boys Soccer
Levels:	JV/V	JV/V	JV/V	F/JV/V	V	JV/V	F/JV/V
Division:	I	I	III	II	II	II	I

- **Club Sports Offered: Competitive Cheerleading**

Tryout sports include — soccer, volleyball, competitive cheerleading (tryouts are subject to change yearly)



FALL SPORTS - PARTICIPATION

Fall Sport	2015	2016	2017	2018	2019	2020 (COVID)	2021	2022	2023	2024	2025
Boys Cross Country	17	18	12	13	11	11	17	19	22	17	20
Girls Cross Country	7	8	7	4	5	3	5	10	14	15	15
Football	53	45	43	45	43	27	60	46	65	63	67
Girls Volleyball	49	38	42	37	40	15	35	44	68	64	63
Co-ed Golf	16	12	13	11	11	11	14	10	23	13	18
Girls Soccer	40	42	40	38	40	20	40	34	55	50	56
Boys Soccer	73	76	67	72	71	20	58	58	85	99	102
Unified Basketball (Coed)									8	15	19
TOTAL:	255	239	224	220	221	107	229	221	340	336	360

FALL OVERALL RECORDS - VARSITY

Overall Records	2014	2015	2016	2017	2018	2019	2020 COVID	2021	2022	2023	2024	2025
Boys Cross Country	1-2-1	5-2	3-4	5-2	6-1	1-1	4-1	4-2	7-0	6-0	7-0	7-0
Girls Cross Country	1-3	2-5	1-6	0-7	0-7	0-2	3-2	5-1	7-0	3-3	6-1	7-0
Football	4-7	4-6	6-5	7-4	4-7	3-5	0-1	0-10	1-10	1-8	4-6	7-3
Girls Volleyball	3-15	5-15	5-15	8-12	4-16	8-12	2-6	10-11	4-15	8-12	13-7	16-6
Co-ed Golf	9-4	4-7	7-4	6-10	4-11	12-4	1-3	7-2	5-4-1	2-11-1	7-6	8-5
Girls Soccer	5-9-4	6-12-1	3-13-2	2-15-1	2-14-2	12-7-2	5-1-1	11-6	6-11-1	15-2-2	11-5-3	13-6
Boys Soccer	2-14-2	8-10-1	18-1-2	16-1-4	14-2-4	17-4-2	3-2-1	6-8-4	13-4-1	15-3-1	10-7-1	8-7-4

WINTER SPORTS - GRID

OFFERINGS AND LEVELS

Sport:	Boys Basketball	Girls Basketball	Boys Ice Hockey	Girls Ice Hockey	Coed Swim	Boys Indoor Track	Girls Indoor Track	Gymnastics
Levels:	F/JV/V	F/JV/V	JV/V	C (Coop)	V	JV/V	JV/V	C (Coop)
Division:	II	II	III	I	I	III	III	I

- **Club Sports Offered: Competitive Cheerleading**

Tryout sports include – basketball, ice hockey, swim, competitive cheerleading (tryouts are subject to change yearly)



WINTER SPORTS - PARTICIPATION

Winter Sport	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21(COVID)	2021-22	2022-23	2023-24	2024-25
Boys Basketball	43	41	44	44	43	42	30	39	55	73	85
Girls Basketball	33	34	30	38	37	32	22	19	50	40	45
Boys Ice Hockey	32	32	32	36	38	28	30	31	31	22	22
Girls Ice Hockey (Dual County League/Merrimack Valley Conference/GBL)	3	4	4	5	3	4	4	3	2	3	4
Co-ed Swim	21	25	25	28	19	13	14	19	25	23	31
Gymnastics										1	1
Boys Indoor Track and Field	49	61	60	38	51	39	N/A	55	60	83	85
Girls Indoor Track and Field	69	53	55	34	24	18	N/A	18	52	49	70
TOTAL:	250	250	250	223	215	176	100	184	275	294	343

WINTER OVERALL RECORDS - VARSITY

Records	2014-15	2015-16	2016-17	2017-18	2018-19	2019-20	2020-21 COVID	2021-22	2022-23	2023-24	2024-25
Boys Basketball	10-11	12-8	14-7	13-7	15-5	12-10	4-3	3-17	5-14	7-13	10-11
Girls Basketball	2-18	1-19	4-16	11-9	5-15	9-14	0-7	2-16	2-17	6-14	13-8
Boys Ice Hockey	9-10-1	1-19	3-16-1	9-10-1	9-6-5	11-8-3	4-0	6-9-3	10-8	10-8-2	11-11
Girls Ice Hockey (Dual County League/Merrimack Val ley Conference/GBL)	4-14-2	3-15	5-13-2	4-12-4	5-11-5	3-13-2	0-10		2-8-2	0-13-2	6-11-1
Co-ed Swim	2-8	1-9-1	3-8	2-8	1-10	0-8	1-1	2-5	3-5	5-4	7-3-1
Gymnastics											
Boys ID Track and Field	5-1	5-0	5-0	7-0	5-2	2-2	N/A	4-1	7-0	7-0	6-1
Girls ID Track and Field	5-1	4-1	4-1	6-1	5-2	1-3	N/A	1-4	6-1	3-4	6-1

SPRING SPORTS - GRID

OFFERINGS AND LEVELS

Sport:	Baseball	Softball	Boys Outdoor Track	Girls Outdoor Track	Boys Lacrosse	Girls Lacrosse	Boys Volleyball	Boys Tennis	Girls Tennis
Levels:	F/JV/V	JV/V	JV/V	JV/V	V	V	JV/V	JV/V	JV/V
Division:	II	II	III	III	II	II	I	II	II

- **Club Sports Offered: Ultimate Frisbee, Crew**

**Tryout sports include — lacrosse, tennis, volleyball, baseball, softball
(tryouts are subject to change yearly)**



SPRING SPORTS - PARTICIPATION

Spring Sports	2015	2016	2017	2018	2019	2020 (COVID)	2021 (COVID)	2022	2023	2024	2025
Baseball	34	40	33	32	27	N/A	22	23	32	30	35
Softball	31	30	28	31	29	N/A	25	15	22	24	25
Boys OD Track and Field	41	44	37	39	38	N/A	25	41	47	47	75
Girls OD Track and Field	40	46	29	30	26	N/A	13	21	45	41	55
Boys Volleyball	12	13	10	13	14	N/A	12	30 (2 teams)	37	30	35
Boys Tennis	12	16	20	21	17	N/A	9	15	22	24	32
Girls Tennis	15	18	15	14	16	N/A	12	17	28	28	37
Boys Lacrosse						N/A	15	24	27	20	25
Girls Lacrosse						N/A	12	21	28	28	27
Unified Track and Field											15
TOTAL:	185	207	172	180	167	N/A	145	207	288	272	361

SPRING OVERALL RECORDS - VARSITY

Records	2015	2016	2017	2018	2019	2020 COVID	2021 COVID	2022	2023	2024	2025
Baseball	6-14	5-15	3-15	5-12	2-17	N/A	6-5	14-7	10-11	16-5	8-12
Softball	3-17	1-18	3-15	2-17	2-13	N/A	3-5	6-14	8-12	8-12	3-17
Boys OD Track and Field	4-0	4-0	7-0	7-0	2-0	N/A	2-2	6-1	7-0	8-0	8-0
Girls OD Track and Field	3-1	3-1	1-6	7-0	0-2	N/A	1-2	3-4	5-2	2-6	6-2
Boys Volleyball	5-13	1-17	7-13	11-10	0-13	N/A	0-10	13-8	8-12	7-12	12-9
Boys Tennis	8-8	14-6	10-6	12-6	15-2	N/A	3-4	13-2	9-7	12-1	13-3
Girls Tennis	6-10	3-13	8-10	5-11	13-6	N/A	2-2	10-7	11-5	11-5	13-4
Boys Lacrosse							3-4	3-15	7-11	10-8	7-11
Girls Lacrosse							0-5	2-13	17-4	13-7	12-5

OVERALL FACILITY COSTS

Location	2017-18	2018-19	2019-20	2020-21 COVID	2021-22	2022-23	2023-24	2024-25	Team
Weekend Use Fall/Winter/Spring	\$6,091.00	\$6,300.00	\$4,500.00	\$3000.00	\$2000	\$2500	\$2500	\$3000	Football, Volleyball, Cheer,
									Boys and Girls Basketball, Boys and Girls ID/OD Track and Field, Cheer
									Baseball, Softball
Dilboy Fall/Spring	\$17,000.00	\$17,100.00	\$13,400	\$5300.00	\$10,000	\$11,175	\$16,123	\$21,500	Boys and Girls Soccer, Football
									Baseball, Softball, Boys and Girls Lacrosse, Boys and Girls Track and Field, Boys and Girls Ultimate Frisbee
Ice Rink	\$21,000.00	\$21,000.00	\$18,900	\$12,259	\$27,866	\$25,200	\$22,150	\$24,500	Boys Ice Hockey- FMC
Woburn Country Club	\$4000.00	\$4000.00	\$4000.00	\$3825.00	\$5216.00	\$4850	\$4269	\$4200	Golf - Woburn Country Club
DCR	\$800.00	\$800.00	\$800.00	N/A	\$800.00	\$500	\$800	\$1000	Soccer, Tennis, Ultimate Frisbee, Lacrosse

TRANSPORTATION

Year	2017-18	2018-19	2019-20	2020-21 COVID	2021-22	2022-23	2023-24	2024-25
Athletic transportation is allocated equitably across all sports	\$71,797	\$77,250	\$91,100	\$27,540	\$121,290	\$137,830	\$140,615	\$147,500

- **TEAMS HAVE A MAX AMOUNT OF GAMES AND WE MAKE EVERY EFFORT TO PLAY A EVEN SCHEDULE FOR HOME AND AWAY**
- **EXCEPTIONS ARE INVITATIONALS AND MIAA COMPETITIONS.**

PARTICIPATION - CLUB

Club Sport	2015	2016	2017	2018	2019	2020 (COVID)	2021	2022	2023	2024	2025
Cheer Fall*/Winter*	12	11	18	21	22	23	18	17	60	43	44
Boys Crew*	12	9	7	9	9	N/A	7	5	15	12	12
Girls Crew*	23	13	12	15	14	N/A	10	11	18	14	15
Boys Ultimate*	41	29	44	39	40	N/A	17	22	42	38	23
Girls Ultimate*	33	17	17	23	22	N/A	12	20	24	21	22
TOTAL:	121	79	98	107	107	23	64	75	159	128	116

MIDDLE GRADES SPORTS - CURRENT OFFERINGS

Interscholastic Sports - Participation Numbers

FALL SPORTS	2024	2025
Cross Country	35	40
Baseball	18	20
Softball	12	16
WINTER SPORTS		
Girls Basketball	12	15
Boys Basketball	17	17
SPRING SPORTS		
Flag Football (Co-ed)	15	17
Girls Outdoor track	22	20
Boys Outdoor Track	36	25
TOTAL:	167	170

COMMITMENT TO GENDER EQUITY

- **Equitable Transportation:** We provide equal access to transportation for both girls' and boys' athletic teams.
- **Facilities & Fields:** Girls' and boys' teams utilize the same facilities and compete on fields of equal quality.
- **Practice and Game Scheduling:** Practice times are alternated to ensure fairness. For example, if girls have earlier practice times one week, boys will have earlier times the following week.
- **Social Media & Publicity:** Athletic publicity and social media coverage is equitable and consistent for both girls' and boys' sports.
- **Conference & Event Opportunities:** Student-athlete participation in MIAA and GBL conferences and special events is evenly distributed by gender. For example, if eight students attend a conference, four are girls and four are boys.
- **Uniform Quality & Rotation:** Uniform quality, replacement schedules, and rotation are consistent across girls' and boys' programs.
- **Equipment & Supplies:** Athletic equipment and supplies (balls, training aids, gear) are provided at comparable quality for both girls' and boys' teams.

Gender equity is a priority within the Somerville High School Athletics Department. We continuously evaluate our practices and will take all necessary actions to improve in any area where growth is needed.

Athletics Initiatives & Professional Growth

- Captains Council
- Positive Coaches Alliance (PCA) for students and coaches
- Boston University Sports Psychology interns for our students
- Greater Boston League Student Athlete Summit
- MIAA Workshops
 - Sportsmanship Summit
 - Girls and Women in Sports Day
 - MSAA/MIAA Respect and Civility Youth Summit

ADDITIONAL INFORMATION

- We do not charge SPS students to attend athletic events
- Uniform rotation every 4 years for each varsity team
- SPS athletics is not a pay for play program
- Two full time athletic trainers that service close to 600 student athletes



GO HIGHLANDERS!

